

AMERICAN SOLO AND TEAM DANCE TESTS (updated 2/4/2024)

AMERICAN SOLO AND TEAM DANCE	
#1 Bronze Solo and Team	
Min Grade: 35 Passing Grade: 100	
Glide Waltz	108 Waltz
Progressive Tango	100 Tango
#2 Bronze Solo and Team	
Min Grade: 35 Passing Grade: 100	
Academy Blues	88 Blues
Skaters or American March	100 March
#3 Bronze Solo and Team	
Min Grade: 40 Passing Grade: 165	
Double Cross Waltz	138 Waltz
Balanciaga	100 Schottische
City Blues	88 Blues
#4 Bronze Solo and Team	
Min Grade: 40 Passing Grade: 165 Select 3 Dances	
Denver Shuffle	100 Polka
Swing or Dutch Waltz	120 Waltz
Carlos Tango	96 Tango
Memorial Waltz	108 Waltz
Society Blues	88 Blues
#5 Bronze Solo and Team	
Min Grade: 40 Passing Grade: 165 Select 3 Dances	
Carey Foxtrot	92 Foxtrot
Tara Tango	100 Tango
Southland Swing	88 Blues
Pilgrim Waltz	138 Waltz
Swing Schottische	100 Schottische
Rhythm Blues	88 Blues
#6 Bronze Solo and Team	
Min Grade: 45 Passing Grade: 240 Select 4 Dances	
Casino Tango	100 Tango
La Vista Cha Cha	100 Cha Cha
Dore' Foxtrot	92 Foxtrot
California Swing	138 Waltz
Master's Polka	100 Polka
Golden Skater's Waltz	138 Waltz
#7 Bronze Solo and Team	
Min Grade: 45 Passing Grade: 240 Select 4 Dances	
Collegiate (Team)	92 Foxtrot
Mary Lee Foxtrot (Solo)	92 Foxtrot
Quickstep or Bounce Boogie	100 Boogie
120 Waltz	120 Waltz
Milonga Tango	100 Tango
Chase Waltz	108 Waltz
Canasta Tango	96 Tango

AMERICAN SOLO AND TEAM DANCE	
#8 Silver Solo and Team	
Min Grade: 45 Passing Grade: 240 Select 4 Dances	
JoAnn Foxtrot	92 Foxtrot
Crisscross March	100 March (6/8)
Luna Blues	88 Blues
Marionette Waltz	138 Waltz
Mirror Waltz	108 Waltz
Siesta Tango	100 Tango
#9 Silver Solo and Team	
Min Grade: 45 Passing Grade: 240 Select 4 Dances	
Rock and Roll Waltz	155 Waltz
Century Blues	88 Blues
Border Blues	88 Blues
Valse Adante	155 Waltz
Split Polka	100 Polka
Casino March	100 March (6/8)
#10 Silver Solo and Team	
Min Grade: 50 Passing Grade: 260 Select 4 Dances	
Syncopated Swing	96 Foxtrot
Fiesta Tango	100 Tango
Highland Schottische	100 Schottische
14-Step	100 March (6/8)
Association Waltz	120 Waltz
Zig Zag Polka	100 Polka
#11 Silver Solo and Team	
Min Grade: 50 Passing Grade: 260 Select 4 Dances	
Boston Boogie	100 Boogie
Werner Tango	96 Tango
DoBlay	100 March (Paso)
Ten Fox	100 Foxtrot
Imperial Waltz	120 Waltz
Metropolitan Tango	100 Tango
#12 Silver Solo and Team	
Min Grade: 55 Passing Grade: 280 Select 4 Dances	
Fascination Foxtrot	92 Foxtrot
Flirtation Waltz	108 Waltz
Karen Lee Tango	100 Tango
Viva Cha Cha	100 Cha Cha
International Waltz	168 Waltz
Delicado	100 Schottische

AMERICAN SOLO AND TEAM DANCE TESTS (continued) (updated 2/4/2024)

AMERICAN SOLO AND TEAM DANCE		
#13 Silver Solo and Team		
Min Grade: 55	Passing Grade: 280	<u>Do ALL Dances</u>
Rocker Foxtrot		92 Foxtrot
Harris Tango		100 Tango
Willow Waltz		138 Waltz
Princeton Polka		100 Polka
Keats Foxtrot		92 Foxtrot
#14 Gold Solo and Team		
Min Grade: 55	Passing Grade: 420	<u>Do ALL Dances</u>
Dench Blues		88 Blues
Paso Doble		100 Paso
Continental Waltz		168 Waltz
Iceland Tango		100 Tango
Pacifica Foxtrot		100 Foxtrot
Carroll Swing		100 Boogie
#15 Gold Medal Solo and Team		
Min Grade: 60	Passing Grade: 525	<u>Do ALL Dances</u>
Westminster Waltz		138 Waltz
Silhouette Foxtrot		100 Foxtrot
Argentine Tango		96 Tango
Kilian		100 March (2/4)
Viennese Waltz		138 Waltz
Carroll Tango		100 Tango
Quickstep		100 March (6/8)

ALL AMERICAN DANCE TESTS

1. Each skater can choose their own part (female or male steps of each dance).
2. A skater has the option for solo dance tests to skate the part of the dance as specified for USARS Domestic and CIPA competition.
3. All American Solo candidates and American Team Dance candidates, where only one member of the team is testing, shall skate a maximum of two minutes thirty seconds (2:30).
4. American Team Dance candidates; when both candidates in the same team are testing, a maximum of three minutes (3:00) will be used.
5. When more than one skater or team is being judged on the floor at the same time, three minutes (3:00) will be used.
6. The referee is responsible for planning the warm up of several dances at a time with the candidate, timing the skating period, and allowing sufficient rest periods.

GOLD MEDAL AMERICAN DANCE TESTS

1. All American **Gold Medal** Dance candidates shall skate a maximum of two minutes and thirty seconds (2:30). For team test, only one partner may be judged at a time by a panel of judges. Each test should be completed before starting the next test.
2. The referee is responsible for planning the warm up of several dances at a time with the candidate, timing the skating period, and allowing sufficient rest periods.

Please review the Gold Medal Test Section starting on page 61 for further Gold Medal Test procedures prior to scheduling a Gold Medal Test Center.